

NOVEMBER MONTHLY MEETING

THURSDAY November 19

Location:
Greenfield Park Pavilion
2028 S. 124th St.
Greenfield, WI 53227

Times:
6:30 pm - Socializing
7:00 pm - Business meeting
7:30 pm - Ice Age Trail Presentation

A mere 15,000 years ago during the Ice Age, much of North America lay under a huge glacier. Mammoths, saber tooth cats and cave lions roamed the earth! Some of the best evidence of this glacier is found in Wisconsin such as the state's many lakes, river valleys, gently rolling hills, and ridges. The nearly 1,200 mile Ice Age National Scenic Trail, established in 1980, traces the glacier's edge.

This is the description of the Ice Age Trail from their Website. Sounds pretty exciting. Many of our members have hiked different segments of the Ice Age Trail. However, we have in our midst a few Nordics who have taken on the challenge of a *THOUSAND MILE* goal.

Craig Sanford and Kayleen Kauffman have taken on this challenge and will be speaking at our November 19th membership meeting about their adventures. Come and enjoy the evening and maybe you, too will be inspired to consider this undertaking!

SKI WAXING CLINIC & DISCOUNT NIGHT AT WHEEL & SPROCKET

Thursday, November 5

The Delafield location of Wheel & Sprocket (528 Wells St) will hold a ski waxing clinic and discount evening on November 5th starting at 6:30 pm. Matt Geib, store manager, has agreed to host another exciting evening of waxing demonstrations and discounts. New this year will be the addition of several vendors. One representative will focus on fitness for the ski season. There will be plenty of opportunities for members to have a hands-on experience waxing their own skis. Please email Clinics Chair Carol Doebler with any questions at tortoiseski@wi.rr.com.

ICE AGE TRAIL HIKE AT SCUPPERNONG

Sunday, November 8

Meet at 9am in the Scuppernong Area parking lot in Eagle. We will hike about 5-6 miles on the Ice Age Trail that goes through the Scuppernong trails, this will be an out and back with some challenging hills. Wear comfortable hiking shoes/boots and bring water to carry with you. Call trip leader Becky White (262) 392-4132 if you have any questions. *Directions:* Scuppernong is on County Hwy ZZ just east of Hwy 67, north of the Village of Eagle. Take 94 to Hwy 67 and go South for about 6-7 miles, turn left on ZZ and look for the parking lot on your left. You will need a State Park admission sticker for your vehicle (annual \$25; daily \$7)

LAPHAM PEAK HIKE

Sunday, November 1

Enjoy a challenging 5 mile hike at Lapham Peak. The hiking trail will be steep with many hills to climb, so wear comfortable hiking shoes/boots and remember to bring a bottle of water to quench your thirst. Meet at 3:00 pm near the restrooms in the second parking lot, Homestead, on the left after you enter. The hike will take about an hour in a half. Call event leader Mary Polk at (414) 243-2373 if you have any questions.

Directions: Kettle Moraine State Forest-Lapham Peak Unit is one mile south of I-94 from the County Hwy C/Delafield exit. You will need a State Park admission sticker for your vehicle (annual \$25; daily \$7).

LAPHAM PEAK TRAIL CLEARING & CHILI DUMP

Saturday, November 7

On Saturday, November 7, the Nordic Ski Club will be working with the Friends of Lapham Peak to help clear the trails in preparation for the winter ski season. We will start at 9 am at the Evergreen Shelter parking lot (the first lot to the right after entering the park). Tools will be provided by the park rangers. You may want to bring your own work gloves. After the clearing, at about noon, we will participate in a chili dump. You are welcome to bring a dessert or another item to share. *Directions:* To get to Lapham Peak, go west on I-94 and take the Delafield, Cty Hwy C (south) exit. Proceed south for one mile on Cty. C, the park entrance is on the left (east) side of Hwy C. For more information, please contact Dick Fischer at (262) 349-1359.



NORDIC SKI CLUB



Nordic Ski Club of Milwaukee, Inc. (NSCM) is a membership-based outing association active year-round since 1971.

CONTACT US AT HOTLINE

414 299-9639

www.nordicskiclub.org

For membership information, call
Betty Schraith (414) 453-2350

Officers

President Katie Bivens
Vice President Jim Walsh
Secretary Mary Lucas
Treasurer Becky Yakes

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Jean Lufburrow, Anresa Tekus, Jim Walsh,
Becky White and Jim Zimmerman

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Cindy Wiktorek (414) 483-5912

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Betty Schraith (414) 453-2350
New memberships or membership
renewal forms should be mailed to:
Betty Schraith
2742 N. 95th St.
Milwaukee, WI 53222

To Update Your Contact Information:

Please contact Betty Schraith at
elisa.schraith@sbcglobal.net or
(414) 453-2350.

EXPLORING CUISINES LUNCH AT COMET CAFÉ

Saturday, November 21



Before the holidays kick in and before you get into serious skiing join Exploring Cuisines for lunch on Saturday, Nov 21 at 12 Noon. We will be eating at the Comet Café, 1947 N Farwell Ave. This restaurant was recommended by another Nordic and it looks like a winner. Examples of the menu include Meatloaf with Beer Gravy (\$10), Vegan Salisbury Steak (\$10), sandwiches like Turkenstein (\$8) plus salads, dessert and even breakfast if you want. The Comet Café advertises itself as food like mom used to make or you wish she had. Exploring Cuisines is always a fun time; come & join us. Call Cindy Wiktorek at (414) 483-5912 **by Friday, November 20** if you would like to join us.

HOLIDAY PARTY

Saturday, December 5



You are invited to the club's Holiday Party! The festive setting for the social event of the season is the Pulaski Inn, 3900 East Pulaski Ave. in Cudahy, just one block west of S. Lake Drive. Socializing and cash bar begin at 6 pm with dinner at 7 pm. Choose from four tasty entrees. Please see the enclosed flyer or the website for details. The Pulaski Inn features all home-made and very excellent food. A special \$10 discount is available for members who are new to the club since the last Holiday Party. (discount does not apply to renewed or former members) **Mail your check to arrive no later than Tuesday, December 1**--no exceptions! Please contact Kathy Herrewig at (414) 358-0098 with questions or if you would like to volunteer to help with this fun and very popular event!

WINTER FIRST AID CLASS

Saturday, November 14

A little rusty on first aid knowledge? Know what to do if a friend gets hurt while skiing? Join us for a 2 hour American Red Cross class to brush up on your skills --- and maybe better help an injured friend someday. This will be a basic first aid class, but tilted towards outdoor winter activities. The class will cost \$30/person, which is the fee charged by the Red Cross.

Logistics: Saturday, November 14, 3-5 pm, Waukesha Red Cross office. We need a minimum of 6 to hold the class, and the trainers need to know class size for handout purposes, so please contact Jean Lufburrow at (262) 337-1641 or jeanluf@wi.rr.com **by Monday, November 9** if you plan to attend. We'll gather for dinner afterwards.

Directions: from I-94 exit on Hwy T (No. 293) and travel south on T (aka Grandview) to the intersection of Grandview and Hwy TJ (about 1/4 mile). This is Silvernail Rd. Turn right (west) onto Silvernail Rd (past the Mobil Gas station). The Red Cross Office is approximately 1/2 mile West, the last building on the right, at 2220 Silvernail. Please park in the lower lot. Use the classroom entrance.

DON'T FORGET TO RENEW YOUR MEMBERSHIP

A valuable benefit of paid-up membership is discounted rates for ski trips. The new club year began on October 1; so current members and life members, it's time to renew your membership. And future members, become a member today!

Please return your completed, two-sided membership form and dues as soon as possible to new Membership Chair Betty Schraith.

Special Note: Remember to fill out this year's survey question.

WINTER SKI TRIP SIGNUPS NOW OPEN

If you haven't signed up for the 2009-2010 winter ski trips yet, don't delay! The sooner you sign up, the less chance you will be disappointed when there is no snow locally to ski on (hopefully not the case). Use the signup forms from the ski trip flyers you received in the October mailing or print off the form from our website: www.nordicskiclub.org. To check on the status of a trip or to get more information, contact the trip leader or check the Ski Trip Status page on our website.

ABR TRAILS SKI TRIP

Friday, December 11 - Sunday, December 13

Start the winter ski season with some great skiing at ABR Trails. The bus leaves Friday evening at 6 pm. We plan to ski both Saturday and Sunday at ABR Trails on 60 km of scenic trails that are family owned and meticulously groomed. There also are 10 km of snowshoe trails. A warming building has wood burning stove, snacks for sale, and ski shop selling skis and clothing. Another building has bathrooms, changing areas, and ski waxing area. Accommodations are at the Americinn in Ironwood, MI with swimming pool, whirlpool, sauna, and free continental breakfast. Contact trip leader Greg Wyder at (414) 962-8562 for more information.

KEWEENAW PENINSULA SKI TRIP

Thursday, December 31 - Sunday, January 3

Celebrate the New Year in the Keweenaw Peninsula of Upper Michigan. This is a great skiing destination due to the plentiful lake-effect snow from Lake Superior and some great skiing areas. We plan to ski 4 different places in four days. We will leave Thursday morning at 8 am and will try to ski somewhere on the way up. Swedetown has 30 km of groomed trails and a ski chalet with snack bar. Michigan Tech University has 35 km of superbly groomed, extra wide trails, and there is a new, spacious warming hut. Both areas have snowshoe trails. Chassell Trails and Maasto Hiihto are other possible ski areas with scenic, striding-only trails. Accommodations are at the Super 8 Motel in Houghton, MI with swimming pool, whirlpool, sauna, and free continental breakfast. Contact trip leader Stan Rosenstiel at (262) 694-2206 for more information.

NORDIC SKI CLUB IS ON FACEBOOK . . .



Look for the Nordic Ski Club on Facebook and please join! If new to Facebook, please email Katie at katiebivens@sbcglobal.net and let her know you're interested in joining and she will send you an invitation to join. Facebook is another great way to stay in touch with your fellow club members for last minute events and activities and sharing photos .

MINOCQUA WINTER PARK SKI TRIP

Friday, January 22 - Sunday, January 24

Join us for some great skiing at Minocqua Winter Park. We will leave Friday morning at 8 am and will stop to ski at Nine Mile Forest ski trails near Wausau. We plan to ski Saturday and Sunday at Minocqua Winter Park that has 75 km of beautifully groomed trails. The ski chalet serves hearty food (tasty homemade soups), and the topnotch ski shop rents skis and snowshoes. Accommodations are at the smoke-free Best Western Concord Inn in Minocqua with swimming pool, whirlpool, bar/lounge, and free continental breakfast. All rooms contain a microwave and refrigerator. Contact trip leader John McCarthy at (262) 549-3604 for more information.

TELEMARK RESORT SKI TRIP

Friday, February 12 - Sunday, February 14

Enjoy over 100 km of beautiful trails including the Birkebeiner Race Trail, the North End Trails, and the Telemark Ski Resort. The Telemark trail system starts at the Lodge, so you can ski right out the door. On Saturday, the bus will take skiers to Cty OO for those who wish to ski sections of the Birkebeiner and Korteloppet Trails back to Telemark. The bus leaves Friday morning at 8 am and will stop to ski at Tower Ridge Ski Area near Eau Claire with 20 km of groomed trails and a new chalet. Accommodations are at Telemark Resort with sauna, whirlpool, swimming pool, restaurant, and bar & grill. You will also be able to keep your room till we leave on Sunday. Contact trip leader Craig Sanford at (262) 370-3322 or craig.sanford@indiana-ins.com for more information.

NEW TELEMARK TRIP LEADER!

Please note that Craig Sanford is the new trip leader for the Telemark Resort ski trip. If you are mailing in your trip reservation, please mail to Craig Sanford, W270N6845 Woodland Oaks, Sussex, WI 53089. You may call Craig at (262) 370-3322 or email him at craig.sanford@indiana-ins.com for more information about the trip.

VALLEY SPUR SKI TRIP

Friday, March 5 - Sunday, March 7

Join us for our popular ski trip to Valley Spur near Munising, MI. The first bus leaves Friday morning at 8 am and will stop to ski at Brown County Reforestation Camp ski trails north of Green Bay. The second bus leaves Friday evening at 6 pm. We plan to ski Saturday and Sunday at Valley Spur Ski Trail in the Hiawatha National Forest with 45 km of trails that are some of the most scenic to be found anywhere. The quaint, heated log cabin will warm you on cold days. Even the pit toilet is heated! Saturday is the annual "Taste and Glide" event (optional, about \$11 extra) that benefits Valley Spur and features lots of delicious food, such as chocolate-covered strawberries, at several stops along a beginner trail as well as in the log cabin. Accommodations are at the Days Inn in Munising with sauna, whirlpool, and swimming pool. Contact trip leader Jane Stoltz at (414) 378-1691 (cell) for more information.

CALENDAR OF EVENTS

NOVEMBER

- 1 Lapham Peak Hike
- Mary Polk (414) 243-2373-5912
- 5 Wheel & Sprocket Ski Waxing Clinic
- Carol Doebler tortoiseski@wi.rr.com
- 7 Lapham Peak Trail Clearing
- Dick Fischer (262) 349-1359
- 8 Ice Age Trail Hike
- Becky White (262) 392-4132
- 14 Red Cross Winter First Aid Class
- Jean Lufburrow (262) 337-1641
- 19 Monthly Meeting at Greenfield Park
- 21 Exploring Cuisines Lunch at Comet Café
- Cindy Wiktorek (414) 483-5912

DECEMBER

- 5 Holiday Party
- Dave & Kathy Herrewig (414) 358-0098
- 11-13 ABR Ski Trip (Ironwood, MI)
- Greg Wyder (414) 962-8562
- 17 NSCM Ski Night at Lapham Peak
- John McCarthy (262) 549-3604
- 12/31 - 1/3 Keweenaw Peninsula Ski Trip
- Stan Rosenstiel (262) 694-2206

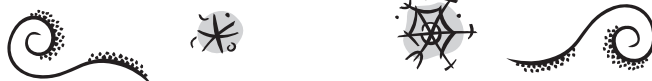
JANUARY

- 7, 21, 28 NSCM Ski Night at Lapham Peak
- John McCarthy (262) 549-3604
- 8 Coffee House Music Night
- Al Burrill (414) 651-0695
- 9 Lapham Peak Lessons
- Carol Doebler tortoiseski@wi.rr.com
- 9 Lapham Peak Winter Picnic
- Rita Keber (262) 547-4827
- 12 Exploring Cuisines
- Cindy Wiktorek (414) 483-5912
- 14 Monthly Meeting at Greenfield Park
- 16 Local Ski Trip
- Nancy Zoltowski (414) 254-0523
- 17 Local Snowshoe Outing
- Barb Johnson (414) 762-0741
- 22-24 Minocqua Winter Park Ski Trip
- John McCarthy (262) 549-3604
- 29 Milwaukee Admiral Hockey Game
- Katie Bivens (414) 321-5487
- 31 Local Ski Trip
- Paula Brookmire (414) 527-0040

NORDIC SKI CLUB
% Betty Schraith
2742 N. 95th St.
Milwaukee, WI 53222

Address Service Requested

Nordic Ski Club events may be changed or canceled up to the last minute. For the latest information, always call the Nordic Hotline.
414-299-9639



SKI SEASON IS ALMOST HERE! 2009-2010 SKI TRIPS

ABR Trails

Fri., Dec. 11 (6 pm) – Sun., Dec. 13

Keweenaw Peninsula

Thurs., Dec. 31 (8 am) – Sun., Jan. 3

Minocqua Winter Park

Fri., Jan. 22 (8 am) – Sun., Jan. 24

Telemark Lodge

Fri., Feb. 12 (8 am) – Sun., Feb. 14

Valley Spur

Fri., Mar. 5 (8 am, 6 pm) – Sun., Mar. 7



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