

## SEPTEMBER MONTHLY MEETING

*Thursday, September 17*

Welcome back! Hope everyone has had a lovely summer and is looking forward to (dare I say it?) Skiing! Okay, the weather is still a bit warm but I know John McCarthy has had his roller skis out. Watch for him on the Glacial-Drumlin Trail.

Looking forward to seeing everyone at the September meeting. We are trying something different – Irish Step Dancing. Linda Zizzo has invited a friend of hers to lead us in a few fancy steps. There are so many Nordics that can be found on the dance floor enjoying swing, ballroom or . . . something that looks like dancing that we thought this would be fun -- whether you are participating or just watching.

Bring your dancing shoes (even tennies), membership renewal form and a sense of humor to the September meeting. I'll bring a bottle wine or two to encourage reluctant feet.

See you on the Dance Floor!

— *Katie Bivens*

**Time:** 6:30 pm Socializing  
7:00 pm Short business meeting  
7:30 pm THE FUN BEGINS!

**Location:** Greenfield Park Pavilion  
2028 S. 124th Street  
West Allis, Wisconsin

## DEVIL'S LAKE HIKE

*Saturday, September 19*

Enjoy a wonderful, scenic 5 to 7-mile hike at Devil's Lake State Park going at a peaceful and normal pace. The hiking trail will be a steep, gradual incline that will include some stone steps. Wear comfortable hiking shoes/boots and remember to bring bug spray. We'll eat lunch during our hike, so bring a small backpack to carry your water bottle, lunch, and snacks. A State Park admission sticker is needed for your vehicle (annual \$25; daily \$7). Meet at 8:30 am to carpool from the Meadowbrook park and ride lot located on the northeast corner of I-94 and County G. We will return from Devil's Lake when everyone feels ready! Directions to carpool location: From Milwaukee, take I-94 west to exit #291 at County G/TT for Pewaukee/Waukesha. Go right/north and then turn right/east onto County DR East. Meadowbrook park and ride will be on your right/south. Call trip leader Mary Polk at (414) 243-2373 if you plan to attend. She will drive her vehicle with room for 3 passengers.

## LOEWS LAKE AYH CANOE TRIP & BARBEQUE

*Sunday, September 13*

Join AYH (American Youth Hostels) on Sunday, September 13 for an easy, social canoe trip. This trip will start and end on County Q at the bridge over the Oconomowoc River just west of Monches Rd. and east of the town of Monches, so no car shuttling will be needed. The canoe trip will begin at 12:30 pm and will follow the Oconomowoc River for several miles until it reaches Loews Lake, part of the Kettle Moraine State Forest. After a nice break, we will return to our starting point where you can join AYH trip leader Lois Brown at her Milwaukee home for an optional barbeque dinner. Please bring your meat to grill and beverage, plus a dish to pass. Call Lois at (414) 535-0014 to reserve a spot on the trip and for more information. Identify yourself as a Nordic Ski Club member. Canoe rental cost and activity fee is \$12 per person, or \$3 activity fee if you have your own canoe. Money should be paid directly to Lois.

## NORDIC SKI CLUB ON FACEBOOK . . .



Look for the Nordic Ski Club on Facebook and please join! If new to Facebook, email Katie at

[katiebivens@sbcglobal.net](mailto:katiebivens@sbcglobal.net) and let her know you're interested in joining and she will send you an invitation to join. Facebook is another great way to stay in touch with your fellow club members for last minute events and activities.

# NORDIC SKI CLUB



Nordic Ski Club of Milwaukee, Inc.  
(NSCM) is a membership-based outing  
association active year-round since 1971.

## CONTACT US AT HOTLINE

**414 299-9639**

**[www.nordicskiclub.org](http://www.nordicskiclub.org)**

For membership information, call  
Kay Krebs (262) 794-0351

### Officers

President Katie Bivens  
Vice President Jim Walsh  
Secretary Mary Lucas  
Treasurer Becky Yakes

### Board Members

Katie Bivens, Carol Doebler,  
Paul Erspamer, Crystal Hoecherl,  
Jean Lufburrow, Anresa Tekus, Jim Walsh,  
Becky White and Jim Zimmerman

### Program Committee Members

**Paul Keber, Chair (262) 547-4827**

Juanita Becker, Mike Craig, Ann Derse,  
Beth Donnelly, Crystal Hoecherl,  
Jean Jantzen, Mary Lucas, Joe Neidinger,  
Chris Pantazon, Mary Wozniak  
and Joanne Ziarek

### Public Relations Chair

Paula Brookmire (414) 527-0040

### Clinics Committee Chair

Carol Doebler [tortoisefski@wi.rr.com](mailto:tortoisefski@wi.rr.com)

### Trails Committee Chair

Dick Fischer (262) 349-1359

### Hotline Chair

Cindy Wiktorek (414) 483-5912

### Website Chair

MaryLee Blodgett (414) 520-5389

### Historian

Paula Brookmire (414) 527-0040

### Newsletter Designer

Beth Donnelly  
7224 W State Street – Unit 2D  
Wauwatosa, WI 53213  
Phone: (414) 476-3025  
[badonnelly@gmail.com](mailto:badonnelly@gmail.com)

### Membership Chair

Kay Krebs (262) 794-0351

New memberships or membership  
renewal forms should be mailed to:

Kay Krebs  
1050 Weston Hills Drive  
Brookfield, WI 53045

### To Update Your Contact Information:

Please contact Kay Krebs at  
[kayben44@yahoo.com](mailto:kayben44@yahoo.com) or (262) 794-0351.

## EXPLORING CUISINES

Tuesday, September 22



Exploring  
Cuisines' next  
stop will be at  
Juniper 61  
located at 6030  
W. North Avenue  
in Wauwatosa. This  
restaurant just opened and focuses  
on great contemporary American  
food combined with great service.  
They offer sandwiches such as  
orange-basil tuna (\$9) and Chicken  
Barcelona (\$8.50). Salads include  
Beet and Walnut (\$8.50). Juniper  
61 offers four regular entrees  
offered with rotating specials. The  
entrees include Juniper Pork (\$14)  
and Chicken Paprikash (\$13). We  
will meet at the restaurant at 6:30  
pm. This restaurant has received a  
good amount of publicity so we  
will need to have reservations.  
Please call Cindy at (414) 483-5912  
**by Sunday, September 20** if you are  
interested in joining us. And do  
consider joining us. Exploring  
Cuisines is always a great time!

## RENEWAL REGISTRATION FORM

The enclosed renewal  
registration form shows your  
name, address, phone numbers(s),  
and email address on file. Please  
take a moment to review and  
update your contact information.  
Complete the balance of the form  
including the survey question.  
**Don't forget to sign and date the  
waiver on the reverse side.** Send  
the renewal form and dues (check  
payable to NSCM) to Kay Krebs  
(address available in left column)  
or bring it to the September meet-  
ing. **Life members need to  
submit a form along with the  
signed waiver on the reverse  
side.** Receipt of your renewal  
form *before* the October ski trip  
signup meeting would be greatly  
appreciated! The sooner the  
membership database is updated;  
the quicker the 2009-2010 direc-  
tory can be completed and mailed.

## WANTED - NEW MEMBERSHIP CHAIR

The Nordic Ski Club is  
seeking a new Membership Chair.  
After a stint lasting several years  
as newsletter editor and then  
membership chair, Kay Krebs has  
asked to relinquish her position.  
We are very grateful for the  
tremendous job Kay has done  
over the years. The tasks of the  
membership chair have been  
stream-lined and far more  
efficient than before. The  
member information is kept in  
Excel. Comfort with that  
program, ability to speak with  
prospective members and attend  
the September and October Ski  
Club meetings would be great  
qualifications for the new Chair.  
Most membership renewals are  
from September to November.  
Replying to inquiries from  
prospective members is year-  
round. If you are interested in  
learning more about the role of  
Membership Chair, please speak  
with Kay or Katie Bivens.

## NORDIC GEAR FOR SALE

Promote our club with  
pride! Luggage tags (\$2 each, or 3  
for \$5) and navy, long-sleeved  
t-shirts (\$15) are available with the  
NSCM logo. All money raised will  
be donated to outdoor nonprofit  
organizations. Contact President  
Katie Bivens for more information.



## UP NORTH FALL WEEKEND

*Friday, September 25 - Sunday, September 27*

It's time to start thinking about the Fall Colors Northern Wisconsin Weekend. From September 25-27, I will be hosting a weekend of Nordic fun and camaraderie at my parent's lake home in Northern Wisconsin. The cabin is about 3 3/4 hours north of Milwaukee on the outskirts of the Nicolet National Forest. There are plenty of nice hiking trails nearby and several miles of quiet roads for biking. (Bike helmets are strongly recommended.) We are on an 80-acre no-wake lake which is perfect for canoeing and kayaking enthusiasts. There are also a number of small lakes nearby which club members have explored in years past. There are six bedrooms so I can accommodate about 16 people. There is no charge to use the cabin. The only cost involved will be your round-trip gas costs, food and a paper product donation. We will do food on a potluck basis with everyone responsible for bringing his or her own beverages. I will do sign-ups on a first come first serve basis once the September Newsletter is out. Please call Mary Lucas at (414) 486-1933 if you plan to go. I will send you a map and more information.

## **EXPLORING NATURAL WISCONSIN:** **PAGE CREEK MARSH**

*Saturday, October 3*

The final Exploration of Natural Wisconsin for this year will be October 3rd at Page Creek Marsh. About 18 miles north of Portage, Page Creek Marsh is part of a Central Sands Transition ecosystem. Page Creek winds through native prairie, oak savannah, sedge meadows, prairie fens and marshes to provide cover for large numbers of birds, including willow flycatchers and green-backed herons. It is staging area for sand hill cranes during the fall migration and home to beaver and red fox. Visitors can also see rare plants such as the downy willow-herb and bog reed grass. We can also visit the very nearby John Muir Memorial Park for our picnic lunch and to hike around beautiful Ennis Lake while passing through 4 distinct ecosystems. We will meet at the southwest Watertown Plank Park and Ride Lot (at Highway 45). Be sure to bring a snack, beverage, picnic lunch, binoculars, camera and bird or flower identification books. Please call Crystal Hoecherl (414) 873-3034 by **Wednesday, September 30** to let her know if you are coming. For those hardy folks who wish to extend the camping season after the exploration, Mirror Lake State Park is a nearby option. If you wish to camp, please let Crystal know no later than **Friday, September 25** so she knows how many camp sites to reserve.

## DODGE COUNTY ASTICO PARK SELF-CONTAINED BIKE RIDE

*Saturday, September 26 - Sunday, September 27*

Join us on a self-contained bike trip to Astico Park in Dodge County on September 26 - 27. (<http://www.co.dodge.wi.us/landresources/recreation/parks-astico.html>). Astico Park is located on a peninsula along the Danville Millpond on a bend of the Crawfish River about 3 miles East of Columbus (Hwy 16 and County Hwy T). It is a very nice, well-maintained park with showers and shelters. I have a group campsite reserved for Saturday night.

We will leave my house at 804 South Silver Lake St. in Oconomowoc at approximately 9 am. *Arrive early* to pack up. It is an easy 20 mile ride to Watertown where we'll stop for an early lunch then peddle the remaining 25 miles to the park at Astico. On previous trips everyone has brought along food and we prepared our evening meal and Sunday's breakfast at the park. One alternative is to freeze something and let it thaw on the ride up and just re-heat it. Another option is to ride into Columbus (about 3 more miles West on Hwy. 16) to find something to eat that Saturday evening. In the past there was a local tavern open about a mile East of the park that also serves food.

The ride is relaxed and we usually hit the park late afternoon with a couple hours of daylight left. Sunday morning we head back through Watertown via a different route, stopping for lunch again before continuing on to Oconomowoc.

If you're interested in trying a self-contained ride with some company this would be a good time to try it. I ask that you know your equipment will hold up (racks stay attached etc...) and that you are up to riding with the extra weight. This is a group ride at a very leisurely pace. No one gets left behind. Only 10 tents are allowed on the group site. Give me a call or email if you're interested or have questions (262)-560-0712, [jimzim37@gmail.com](mailto:jimzim37@gmail.com).

## **SKI TRIP LEADER / ASSISTANTS TRAINING**

*Wednesday, October 7*

If you are leading a winter ski trip, want to be an assistant trip leader, or want to find out what's involved in leading or assisting on a ski trip, then mark your calendar for Wednesday, October 7. That's when our trip leader training session for next winter's ski trips will be held. You'll also discover the rewards of leading or assisting on a trip. The meeting starts at 7 pm at Paul Keber's home at 2000 Cobblestone Ct. in Waukesha (1 mi. south of I-94 off the Cty T exit). Please call Paul at (262) 547-4827 to RSVP and for directions, or if you have any questions.

# CALENDAR OF EVENTS

## SEPTEMBER

- 4-7 Hartman Creek State Park  
Labor Day Camping Trip  
- Julie (262) 567-4531
- 13 Loews Lake AYH Canoe Trip & BBQ  
- Lois Brown
- 17 Monthly Meeting at Greenfield Park
- 19 Devils Lake Hike  
- Mary Polk (414) 243-2373-5912
- 22 Exploring Cuisines Restaurant  
- Cindy Wiktorek (414) 483-5912
- 25-27 Up North Fall Weekend  
- Mary Lucas (414) 486-1933
- 26-27 Dodge County Astico Park  
Self-Contained Bike Ride  
- Jim Zimmerman (262) 560-0712

## OCTOBER

- 3 Exploring Page Creek Marsh Hike  
- Crystal Hoecherl (414) 873-3034
- 7 Winter Ski Trip Leader Training  
- Paul Keber (262) 547-4827
- 10 Local Hike  
- Mary Polk (414) 243-2373-5912
- 15 Ski Trip Signup Meeting at Greenfield Park
- 17 Zillmer Trail Hike  
- Dave Herrewig (414) 358-0098
- 24 Local Hike  
- Greg Wyder (414) 962-8562
- 24 Board Games Night  
- Al Burrill (414) 651-0695

## WANTED: No longer used Outdoor Equipment

Have any skis, snowshoes, or fanny packs collecting dust? The students at Nathan Hale High School in West Allis would love to have them! The school's Outdoor Education program is seeking used equipment in good condition to help kids gain an appreciation for the environment. Gear for skiing, hiking, and biking would be appreciated. Useful items include cross-country skis, poles, boots, gators, ski bags, snowshoes, backpacks, compasses, binoculars, bike helmets and bike bags. Please bring any gear you can donate to the ski trip sign up meeting, and we'll deliver it to the school. Questions? Call Jean Lufburrow (262) 337-1641.

**NORDIC SKI CLUB**  
% Kay Krebs  
1050 Weston Hills Drive  
Brookfield, WI 53045

*Address Service Requested*

Nordic Ski Club events may be changed or canceled up to the last minute. For the latest information, always call the Nordic Hotline.  
**414-299-9639**



## IS WINTER HERE YET?! 2009-2010 SKI TRIPS

### ABR Trails

Fri., Dec. 11 (6 pm) – Sun., Dec. 13

### Keweenaw Peninsula

Thurs., Dec. 31 (8 am) – Sun., Jan. 3

### Minocqua Winter Park

Fri., Jan. 22 (8 am) – Sun., Jan. 24

### Telemark Lodge

Fri., Feb. 12 (8 am) – Sun., Feb. 14

### Valley Spur

Fri., Mar. 5 (8 am, 6 pm) – Sun., Mar. 7



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