



# Nordic Ski Club of Milwaukee

<b>February 2012</b>	<b>A Year-Around Recreation Club Since 1971</b>	<b>Vol. 41 Issue 2</b>
<p><b>Nordic Calendar</b></p> <p><b>FEBRUARY - 4 Local Ski Outing</b> Paul Erspamer 414-963-4081</p> <p><b>7, 14, 21, 28 NSCM Ski at Lapham Peak</b> John McCarthy 262-549-3604</p> <p><b>10 - 12 Marquette Ski Trip</b> Greg Wyder 414-477-9016</p> <p><b>17 Monthly Meeting</b> Greenfield Park Pavilion - Ski Techniques</p> <p><b>18 Board Games Night</b> Bob &amp; Katie Bivens 414-321-5487</p> <p><b>24 - 26 Waupaca Bed &amp; Breakfast Car Pool Ski Trip</b> Sally Heuer 262-786-8731</p>	<p><b>Monthly Meeting And Events -</b> <a href="#">Download Printable Version</a></p> <p><b>February Monthly Meeting: Ski Lessons, Pt 2</b> <i>Friday, February 17</i> The February General Membership meeting will be held at Greenfield Park Pavilion. We will have a video from CXC "Training With Purpose". CXC's new on-snow technique drills DVD is for skiers of all levels who want to improve their classic and skate skiing. Featuring Jason Cork - 2011 USSA Cross Country Domestic Coach of the Year Award Recipient. We will have a short business meeting, watch the 30 minute video and then practice and discuss the techniques presented. <a href="http://www.cxc.org">www.cxc.org</a></p> <p>Location: Greenfield Park Pavilion, 2028 S. 124th St., Greenfield, WI 53227</p> <p>Times: 6:30 pm - Socializing 7:30 pm - Club announcements 8:00 pm - Cross Country Ski Fitness Program</p> <p>Snacks and beverages will be provided. This meeting is free and open to everyone.</p> <hr/> <p><b>Winter Ski Trip Sign-Ups</b></p> <p>If you haven't signed up for the 2011-12 winter ski trips yet, don't delay! The sooner you sign up, the better chance you have to being assured a spot on one or more of these great trips. Use the signup forms from the ski trip flyers you received in the October mailing or print off the form from our website: <a href="http://www.nordicskiclub.org">www.nordicskiclub.org</a>. To check on the status of a trip or to get more information, contact the trip leader or check the Ski Trip Status page on our website.</p> <hr/> <p><b><i>Looking forward to seeing you on the snow!</i></b></p> <hr/>	<p><b>Short Notes</b></p> <p><b>Volunteers</b> The Club still needs a treasurer. Becky Yakes have been doing a fantastic job but is ready to step down. Call Becky or Katie Bivens if you are interested in learning more.</p> <p>Special <b>THANK YOU</b> to Carol Doebler for volunteering to take over the Newsletter.</p> <p><b>Club Membership</b> Membership Renewal due Oct. 1. Renew online and mail check or pay through PayPal. Dues - Individual \$25 Household \$35</p> <p>Must be a current member to book ski trips at member rate.</p>

**MARCH -  
2 - 4 Valley  
Spur Ski Trip**

Jane Stoltz  
414-226-5076

**16 Monthly  
Meeting**

Greenfield Park  
Pavilion, Pot Luck  
and Nordic Social

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**Contact Us**

HOTLINE 414  
299-9639 or  
[nordicskiclub.mke@gmail.com](mailto:nordicskiclub.mke@gmail.com)

For membership  
information, call  
Betty Schraith  
(414) 453-2350

**Nordic Officers**

President  
[Katie Bivens](#)  
(262) 327-4899  
Vice President  
Paul Erspamer  
Secretary  
Mary Lucas  
Treasurer  
Becky Yakes

**Board Members**

Katie Bivens,  
Paula Brookmire,  
Renee Couture,  
Carol Doebler,  
Paul Erspamer,  
Jessica Hilt,  
Crystal Hoecherl,  
Craig Sanford and  
Anresa Tekus

**Program  
Committee  
Members**

Paul Keber, Chair  
(262) 547-4827  
Juanita Becker,  
Mike Craig,  
Ann Derse, Beth

**UPCOMING EVENTS:**

**Day-Before-Superbowl, Local Ski Trip  
Saturday, February 4**

Here's an opportunity to burn off some calories one day before you attend that Super Bowl party, (when you will add them right back).

A group of intrepid Nordic skiers will meet at 9:30 Sat. Feb. 4 to carpool together to a local ski venue. Our first choice will be the Zillmer Ski Area in the Northern Kettle Moraine State Forest (so we can check out their new warming facility/chalet):<http://dnr.wi.gov/org/land/parks/specific/kmn/trails.html>

If Zillmer is our destination, we will

MEET: at the Watertown Plank NORTH Park & Ride at 9:30 a.m. on Sat. Feb. 4.

HOWEVER, WE INTEND TO "GO WHERE THERE'S SNOW", so plans may change. We intend to finalize our plans the weekend before the Feb. 4 outing. Our destination, depending on conditions, might change to the Nordic Trails or the McMiller Sports Area, both of which are in the SOUTH Kettle Moraine Updated details to follow on the club's web site: [www.nordicskiclub.org/](http://www.nordicskiclub.org/)

BRING: Water, snacks and striding or skating skis.

PLAN: On bringing skis appropriate for the snow conditions. If snow is sparse, consider your rock skis.

AFTERWARDS: We will plan to meet to commiserate and recuperate and maybe have a late lunch at a local establishment.

CONTACT: Paul Erspamer at (414) 727-7003 and (414) 617-7235 or [shystr@yahoo.com](mailto:shystr@yahoo.com).

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**Tuesdays - Nordic Night At Lapham Peak  
February 7, 14, 21, 28**

Lapham Peak is the premiere location for cross country skiing in Southeast Wisconsin for many reasons, including 5km of lighted trails, of which 1.2km are served by snowmaking. Weeknights at the Peak are alive with activity, with the Peak Nordic Kids on Monday and adult and high school racing on Wednesday. This year, we are designating Tuesdays as Nordic Ski Club of Milwaukee night. The event will be very informal – show up when you feel like it – meet your friends in the Evergreen Shelter – head out and stride or skate a couple of loops around the lighted or snowmaking trails -- then around 7:30 to 8pm, come back to the shelter building to have refreshments with the group. Bring something simple to share – your beverage of choice, and an easy snack. No advance sign-up is required. If you have questions or suggestions, contact John McCarthy at (262) 549-3604 but you should expect to leave a message, because he'll probably be out at Lapham, skiing.



**Web Tips**

Add Events to your calendar - Click the "Add To My Calendar" Link in the upper RH corner of an event. Open the .ics file and then save the event.

Did you know that by clicking the *RSS link* on an event, forum or blog page, you will get updates forwarded to your Google Reader or any other reader?

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**Program  
Committee**

After Oct. 21, you may sign-up online

[Marquette, MI](#)  
Fri., Feb. 10 –  
Sun., Feb. 12

[Waupaca B&B  
Car Pool](#)  
Fri., Feb. 24 –  
Sun., Feb. 26

[Valley Spur](#)  
Fri., Mar. 2 –  
Sun., Mar. 4

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Rita Ekers, Jean  
Jantzen, Mary  
Lucas, Joe  
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Pantazon and  
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Paula Brookmire  
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**Newsletter  
Editor**  
Carol Doebler  
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**Marquette Ski Trip (Marquette, MI)**  
***Friday, February 10 (8am) - Sunday, February 12***

Try something new this year and join us on the Marquette ski trip. We will leave Friday morning at 8am and stop to ski at Green Bay Reforestation Camp with 30km of trails. Skiing for Saturday and Sunday in the Marquette area will include the Lower Noquemanon Trail around Forestville consisting of 35km of trails including 15km of new loops around Forestville that has a heated shelter. Other possible ski areas include Saux Head, Big Bay, or Blueberry Ridge. Accommodations are at the Ramada Inn in downtown Marquette with sauna, whirlpool, swimming pool, sauna, restaurant, and lounge. Contact trip leader Greg Wyder at (414) 477-9016 for more information.

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**Nordic Board Games**  
***Saturday, February 18 at 7pm***

All aboard for a Nordic games night! Starting at 7pm, hone your strategy skills and tickle your funny bone playing board games. Bring an appetizer or dessert and a favorite board game. This is an excellent opportunity for newer members to meet other Nordics in a small group setting. Call Katie or Bob for directions and to RSVP – 414-321-5487 or [katiebivens@ymail.com](mailto:katiebivens@ymail.com)

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**Waupaca Bed & Breakfast Car Pool Ski Trip (Waupaca, MI)**  
***Friday, February 24- Sunday, February 26***

Apple Tree Lane Bed & Breakfast  
Choose your favorite roommate and join Sally Heuer and Steve Culver as the Nordics take over this beautifully restored Victorian home for the weekend. This is a great weekend to get away if you are not skiing the Birkie.

Sign up soon to get the room of your choice! Just 3 rooms are available as we go to press. Call Sally with any questions, and remember to make your deposit check to Apple Tree Lane B&B.

Let me know if you would prefer the first floor room. The remaining rooms are on the 2nd floor. Each room has a queen bed and private bathroom. Please sign up with your choice of roommate. The trip leader will not assign roommates.

A filling hot breakfast is served in the formal dining room. You can bring your favorite board games to play in the parlor and living room –our hosts Kerri and Mike Thiel will provide card tables. Or, cozy up to the fireplace with a book and hot drink.

Apple Tree Lane Bed & Breakfast is located just two hours north of Milwaukee in Waupaca, Wisconsin. We'll be a few minutes east of XC ski & snowshoe trails at Hartman Creek State Park and 18 miles south of Iola XC ski trails.

Room cost for the weekend is \$234 (including tax); per person weekend cost with shared room is \$117. A deposit of \$59 per person is requested to hold your reservation. Please make your deposit check to Apple Tree Lane B&B and send to Sally Heuer. Questions? Contact Sally Heuer at [smiles@comp911.com](mailto:smiles@comp911.com) or 262-786-8731.

To see photos and discover more about the Chain of Lakes area, go to [www.appletreelanebb.com](http://www.appletreelanebb.com).

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Are you interested in leading a Nordic Event, or have a great idea for member event? Please contact a member of the Program Committee or Paul Keber, [pkeber@milwpc.com](mailto:pkeber@milwpc.com)

<p><b>Membership Chair</b>  Betty Schraith  (414) 453-2350  <b><i>New memberships or membership renewal forms may be mailed to:</i></b>  Betty Schraith  2742 N. 95th St.  Milwaukee, WI</p> <p><a href="#"><u>Join/Renew Online</u></a></p>	<p><b>Valley Spur Ski Trip (Munising, MI)</b>  <b><i>Friday, March 2 (8am) - Sunday, March 4</i></b></p> <p>Good news, there is still space for signing up on the popular Valley Spur ski weekend, March 2 - 4. The 45km of well-groomed trails are located in splendid Hiawatha National Forest. Trail difficulty varies so there are plenty of choices for all cross country ski levels. There is a separate snow shoe trail system. One of the highlights is Saturday's "Taste and Glide". Sydney's, a local restaurant, sponsors this annual, tasty event featuring chocolate covered strawberries, other assorted fruit, sandwiches, hot soup, and beverages. We will be staying at the Holiday Inn Express with a Lake Superior view in the quaint community of Munising, Michigan. If there are questions, please contact trip leader Jane Stoltz. Her contact information: home phone (414) 226-5076 or email <a href="mailto:milwbirder@yahoo.com"><u>milwbirder@yahoo.com</u></a> Don't delay!</p> <hr/> <p><b>Reminder: Manage Your Profile</b>  Adjust your profile settings so that fellow Nordic Members can see your name, address and phone numbers. Select "Members Only" to protect the information from the general public. Go to <a href="http://www.nordicskiclub.org"><u>www.nordicskiclub.org</u></a> and login to your profile. The login is in the upper right-hand corner. From there, the Member Tab will appear on the menu. Full instructions are located on that page in a PDF file.</p>	
	<p><b><a href="#"><u>Nordic Ski Club of Milwaukee, Inc.</u></a></b>  <b>(NSCM) is a membership-based outing association active year-round since 1971.</b></p>	